

DR. DHIREN GUPTA, MBBS, MD (PEDIATRICS)

Co-Director, Division of Pediatric Emergency, Critical Care, Pulmonology and Allergy Disorders

Sir Ganga Ram Hospital, New Delhi

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PERSONAL DETAILS

Name	Dr. Dhiren Gupta
Father's Name	Mr. Jai Bhagwan Gupta
Date of Birth	19 October 1969
State Council Registration No.	DMC – 28858
IMA Local Branch	Karol Bagh Branch
IMA Life Membership No.	12554

COMMUNICATION ADDRESS

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QUALIFICATIONS & TRAINING

Qualification	Year	Institute	University / Notes
MBBS	1987–1993	Gajra Raja Medical College, Gwalior	Jiwaji University, Gwalior
MD (Pediatrics)	1994–1997	Gajra Raja Medical College, Gwalior	Jiwaji University, Gwalior
Pediatric ICU	2000 onwards	Sir Ganga Ram Hospital	Clinical Assistant; Consultant (2004 till date)
Pediatric Allergy & Asthma	2022–2023	MedTrain, Bengaluru	AAAAI endorsement
POCUS 101 (Point-of-Care Ultrasound)	2023	Loma Linda University School of Medicine, USA	Loma Linda, CA, USA
Paediatric Pulmonology	2023	European Diploma in Pediatric Respiratory Medicine	Lausanne, Switzerland (ERS)
Teaching / Training	2004 onwards	IAP Intensive Care Fellowship	Teacher since 2004; Running DNB PICU fellowship since 2010

EXPERIENCE

Total service after PG	28 years (1997 onwards)
Current position	Consultant Pediatric Intensivist; Co-Director PICU/Division, Sir Ganga Ram Hospital, New Delhi

MEMBERSHIPS & CERTIFICATION

- Life member: Indian Academy of Pediatrics (IAP), ISCCM, European Respiratory Society (ERS), Pediatric Critical Care Medicine India, Respiratory Chapter India.
- Member: European Academy of Allergy & Clinical Immunology (EAACI).
- Passed 17th EAACI-UEMS Paediatric Examination in Allergology and Clinical Immunology (Online) – 20 October 2025.

AWARDS & HONORS

- Award for Outstanding Performance in Academics – Indian Medical Association (24 April 2024).
- Vishishta Chikitsa Ratna – IMA (2018).
- Corona Warrior Award – WHO Chief & Hon'ble Central Minister Dr. Harshvardhan (6 June 2022).
- Lifetime Achievement Award – IAP Gwalior (2014).
- Awards for COVID work – IAP Delhi Central Branch (2021); IAP Karol Bagh (2021); IAP Gwalior (2021); IAP Uttar Pradesh (2021).
- Best Resident Award – Sir Ganga Ram Hospital (2000).
- Lifetime Achievement Award – IAP Nagpur (2016).

ACADEMIC LEADERSHIP / POSITIONS HELD

- Chairperson/President – IAP Pediatric Critical Care (2021).
- Chancellor – Pediatric Critical Care College (2021).
- Teacher – IAP Fellowship in Pediatric Critical Care (2004 till date).
- Course Co-Director – DPAA (Diploma in Pediatric Allergy & Asthma) (2019 till date).
- Guest Executive Editor – Indian Pediatrics, IJCCM, IJOP, IJPCCM.
- Developed COVID training module (2020–2022); trained ~7000 doctors over 6 months.
- Co-Director – Advanced Workshop on Pediatric Intensive Care (6-day course) (2007–2017).
- Developed GEM (Golden Hour Emergency) course module for pediatricians.
- National Convener – ACPP course (IAP) (2014).
- National & International POCUS trainer – Conducted 24+ national and 6 international workshops.

INVITED LECTURES / FACULTY (2024–2025)

- Point-of-care ultrasound – Tool of Tomorrow. MP Pedicon 2025, Bhopal.
- Radiology in Chest Tuberculosis. RESPICON 2025 (National Conference), Nagpur.
- Oxygen Delivery to Tissue. RESPICON 2025, Nagpur.
- Echocardiography in PICU; Hemodynamics. PEDICRITICON 2025, Hyderabad.
- Conducted Workshop: Advanced POCUS. AIG Hospital, Hyderabad (as part of PEDICRITICON) – 2024 and 2025.
- Debate: Prone vs APRV mode. Pediatric Acute Respiratory Symposium 2025, Hyderabad.
- Respiratory Imaging in Pediatric Critical Care. Pediatric Acute Respiratory Symposium 2025, Hyderabad.
- Moderated panel discussion: Difficult-to-control cough. HARCON (Haryana IAP), December 2025.
- Use of antivirals in chest infections. PRS Delhi IAP, November 2025.
- Allergic Dermatitis. 11th DAAS Summit (Dermatology and Allied Specialities Summit), 4–6 July 2025, Hotel Eros, New Delhi.
- Delhi IAP Felicitation Award – December 2025 (honor/recognition).

GUIDELINES / CONSENSUS

1. Basavaraja GV, Chandrasekar S, Bansal A, Gupta D, Parekh BJ, Kamath SS, Desai S, Nagar P, Shah N, Bhadra A, Chitkara AJ; for Indian Academy of Pediatrics. IAP guideline on practicing safely during COVID-19 era: clinics and small establishments. Indian Pediatr. 2021 Apr 15;58(4):383-390. doi:10.1007/s13312-021-2201-y. PMID:33883314.

2. Ravikumar N, Nallasamy K, Bansal A, Angurana SK, Basavaraja GV, Sundaram M, Lodha R, Gupta D, Jayashree M; Intensive Care Chapter of Indian Academy of Pediatrics. Novel coronavirus 2019 (2019-nCoV) infection: Part I - Preparedness and management in the pediatric intensive care unit in resource-limited settings. Indian Pediatr. 2020 Apr 15;57(4):324-334. doi:10.1007/s13312-020-1785-y. PMID:32238612.
3. Sundaram M, Ravikumar N, Bansal A, Nallasamy K, Basavaraja GV, Lodha R, Gupta D, Odena MP, Ashwath RNR, Jayashree M; Intensive Care Chapter of Indian Academy of Pediatrics. Novel coronavirus 2019 (2019-nCoV) infection: Part II - Respiratory support in the pediatric intensive care unit in resource-limited settings. Indian Pediatr. 2020 Apr 15;57(4):335-342. doi:10.1007/s13312-020-1786-x. PMID:32238613.
4. World Health Organization. A clinical case definition for post COVID-19 condition in children and adolescents by expert consensus. 16 Feb 2023. WHO/2019-nCoV/Post_COVID-19_condition/CA/Clinical_case_definition/2023.1.

PUBLICATIONS

2001

1. Arun Soni, Krishan Chugh, Anil Sachdev and Dhiren Gupta. Management of Dengue Fever in ICU. Indian J Pediatr . 2001 Nov;68(11):1051-5. doi: 10.1007/BF02722356
 2. Gupta D, Chugh K, Sachdev A, Soni A. ICU management of severe malaria. Indian J Pediatr. 2001 Nov;68(11):1057-61. doi: 10.1007/BF02722357. PMID: 11770242.
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3. Sachdev A, Gupta DK, Soni A, Chugh K. Central venous catheter colonization and related bacteremia in pediatric intensive care unit. Indian Pediatr. 2002 Aug;39(8):752-60. PMID: 1219668
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2004

4. Sachdev A, Seth S. Necrotizing fascitis. Indian Pediatr. 2004 Jun;41(6):623. PMID: 15235174.
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2008

5. Agrawal S, Sachdev A, Gupta D, Chugh K. Platelet counts and outcome in the pediatric intensive care unit. Indian J Crit Care Med. 2008 Jul;12(3):102-8. doi: 10.4103/0972-5229.43678. PMID: 19742257; PMCID: PMC2738316.
6. Agrawal S, Sachdev A, Gupta D, Chugh K. Platelet counts and outcome in the pediatric intensive care unit. Indian J Crit Care Med. 2008 Jul;12(3):102-8. doi: 10.4103/0972-5229.43678. PMID: 19742257; PMCID: PMC2738316
7. Yadav SP, Sachdeva A, Gupta D, Sharma SD, Kharya G. Control of massive bleeding in dengue hemorrhagic fever with severe thrombocytopenia by use of intravenous anti-D globulin. Pediatr Blood Cancer. 2008 Dec;51(6):812-3. doi: 10.1002/pbc.21708. PMID: 18683235.

2009

8. Garg G, Sachdev A, Gupta D. Pulmonary alveolar proteinosis. *Indian Pediatr.* 2009 Jun;46(6):521-3. PMID: 19556662.

2010

9. Khilnani P, Singhi S, Lodha R, Santhanam I, Sachdev A, Chugh K, Jaishree M, Ranjit S, Ramachandran B, Ali U, Udani S, Uttam R, Deopujari S. Pediatric Sepsis Guidelines: Summary for resource-limited countries. *Indian J Crit Care Med.* 2010 Jan;14(1):41-52. doi: 10.4103/0972-5229.63029. PMID: 20606908; PMCID: PMC2888329.
10. Sachdev A, Chugh K, Sethi M, Gupta D, Wattal C, Menon G. Diagnosis of ventilator-associated pneumonia in children in resource-limited setting: A comparative study of bronchoscopic and nonbronchoscopic methods. *Pediatr Crit Care Med* 2010; Mar;11(2):258-66. DOI: 10.1097/PCC.0b013e3181bc5b00
11. Sachdev A, Sharma R, Gupta D. Cerebrovascular complications in pediatric intensive care unit. *Indian J Crit Care Med.* 2010 Jul;14(3):129-40. doi: 10.4103/0972-5229.74171. PMID: 21253346; PMCID: PMC3021828.
12. Sachdev A, Sharma R, Gupta D. Cerebrovascular complications in pediatric intensive care unit. *Indian J Crit Care Med.* 2010 Jul;14(3):129-40. doi: 10.4103/0972-5229.74171. PMID: 21253346; PMCID: PMC3021828.
13. Chugh K, Sachdev A, Gupta S, Gupta D (eds). *Manual of Pediatric intensive care and emergency medicine* 2nd ed. Department of Pediatrics, Sir Ganga Ram Hospital ; 2010:1- 12.

2011

14. Sachdev A, Chugh K, Krishana A, Gupta D. Congenital tracheobiliary fistula: a case report with review of literature. *Pediatr Surg Int.* 2011 Aug;27(8):899-905. doi: 10.1007/s00383-011-2879-3. Epub 2011 Apr 24. PMID: 21516501.
15. A Sachdev, K Chugh, M Sethi, D Gupta, C Wattal and G Menon. Clinical Pulmonary Infection Score to Diagnose Ventilator-associated Pneumonia in children- *Indian Pediatrics* 2011, 12;949-954.

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16. Sachdev A, Chugh P, Raghunathan V, Gupta D, Wattal C, Menon GR. Diagnosis of bacterial ventilator-associated pneumonia in children: reproducibility of blind bronchial sampling. *Pediatr Crit Care Med.* 2013 Jan; 14(1):e1-7. doi: 10.1097/PCC.0b013e318260129d. PMID: 23269358.
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17. Sachdev A, Anand P, Gupta D. Lipoid pneumonia - an unusual cause of acute respiratory distress syndrome. *Indian Pediatr.* 2015 Jan;52(1):63-4. doi: 10.1007/s13312-015-0569-2. PMID: 25638190.
18. Sachdev A, Anand P, Gupta D. Lipoid pneumonia - an unusual cause of acute respiratory distress syndrome. *Indian Pediatr.* 2015 Jan;52(1):63-4. doi: 10.1007/s13312-015-0569-2. PMID: 25638190.
19. Yogesh Kumar Arya, Anil Sachdev, Dinesh Kaul. Tuberculosis-A morbidity in childhood pneumonia. *Ganga Ram Journal* July 2015.
20. Gulla KM, Sachdev A, Gupta D, Gupta N, Anand K, Pruthi PK. Continuous renal replacement therapy in children with severe sepsis and multiorgan dysfunction - A pilot study on timing of initiation. *Indian J Crit Care Med.* 2015 Oct;19(10):613-7. doi: 10.4103/0972-5229.167044. PMID: 26628828; PMCID: PMC4637963.
21. D Gupta, A Sachdev. N Gupta. A K Simalti. D. Gupta. Home Ventilation in Children; *Journal of Nepal Paediatric Society* 35(1): 85. October 2015 with 15 Reads DOI: 10.3126/jnps.v35i1.11887.
22. Anil Sachdev, Sandeep Dhingra. Viscoelastic Hemostatic Assays; *Journal of Pediatric Critical Care* Vol.2- No. 4 October- December 2015.
23. Gupta Neeraj, Sachdev Anil, Gupta Dhiren. Cardiac Pacing in Pediatric Intensive Care Unit; *Practical Approach to Pediatric Intensive Care III Edition 2015*, ISBN 978-93-5152- 739-8.
24. Sachdev A, Gulla K.M, Anand K, Raheja K, Gupta N, Gupta D. Transfluthrin Poisoning Resulting in Intra Vascular Haemolysis and Methemoglobinemia in G6PD Deficiency Treatment Challenge; *J Clin Toxicol*; ISSN:2161-0495 JCT, an open access journal ; 2015 Volume 5 • Issue 2 • 1000247.

2016

25. Pandharikar N, Sachdev A, Gupta N, Gupta S, Gupta D. Chest trauma: A case for single lung ventilation. *Indian J Crit Care Med.* 2016 Apr;20(4):248-50. doi: 10.4103/0972- 5229.180050. PMID: 27303142; PMCID: PMC4906333.
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27. Sachdev A, Mehra B, Mohanty A, Gupta D, Gupta N. Refractory pediatric cardiogenic shock: A case for mechanical support. *Indian J Crit Care Med.* 2016 Nov;20(11):680-683. doi: 10.4103/0972-5229.194012. PMID: 27994387; PMCID: PMC5144534.

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28. Gupta N, Sachdev A, Gupta D, Radhakrishnan N. Disseminated Cryptococcosis in an Immunocompetent Toddler. *Indian Pediatr.* 2017 Feb 15;54(2):145-146. doi: 10.1007/s13312-017-1018-1. PMID: 28285287.
29. Sachdev A, Pandharikar N, Gupta D, Gupta N, Gupta S, Venkatraman ST. Hospital-acquired Hyponatremia in Pediatric Intensive Care Unit. *Indian J Crit Care Med.* 2017 Sep;21(9):599-603. doi: 10.4103/ijccm.IJCCM_131_17. PMID: 28970661; PMCID: PMC5613613.
30. Sachdev A, Pandharikar N, Gupta D, Gupta N, Gupta S, Venkatraman ST. Hospital-acquired Hyponatremia in Pediatric Intensive Care Unit. *Indian J Crit Care Med.* 2017 Sep;21(9):599-603. doi: 10.4103/ijccm.IJCCM_131_17. PMID: 28970661; PMCID: PMC5613613.

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32. A Sachdev, S. Punia, Dhiren Gupta, S. Gupta. Post-Extubation Use of Non-Invasive Ventilation In Children- A Randomized Controlled Trial *Pediatric Critical Care Medicine* 19:239 · June 2018 with 1 Reads DOI: 10.1097/01.pcc.0000538072.44094.31.
33. Gupta N, Sachdev A, Gupta D, Gupta S. Safety profile of blind bronchial sampling-A prospective study in pediatric intensive care unit. *Pediatr Pulmonol*. 2018 Jul;53(7):942- 947. doi: 10.1002/ppul.23989. Epub 2018 Mar 22. PMID: 29566462.
34. Sachdev A, Simalti A, Kumar A, Gupta N, Gupta D, Chugh P. Outcome Prediction Value of Red Cell Distribution Width in Critically-ill Children. *Indian Pediatr*. 2018 May 15;55(5):414-416. PMID: 29845956.
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39. Gupta N, Sachdev A, Gupta D, Gupta S, Gupta D, Nanavati J. Autism and Allergy - Are They Linked? *Indian J Pediatr*. 2018 Dec;85(12):1132-1133. doi: 10.1007/s12098-018- 2743-8. Epub 2018 Jul 18. PMID: 30019312.

2019

40. Neeraj Gupta, Anil Sachdev, Dhiren Gupta, Ritika Chhawchharia. Impulse Oscillometry- A Novel Tool In Pediatric Office For Measuring Lung Function; 1st National Congress on Asthma, Allergy & Immunology (ALLERGOCON), Vellore, DOI:10.13140/RG.2.2.10887.65443, Jan 2019.
41. Pandey M, Gupta D, Gupta N, Sachdev A. Use of Transpulmonary Pressure Monitoring in the Management of Extra pulmonary Pediatric Acute Respiratory Distress Syndrome With multi organ dysfunction syndrome (MODS): Are We Peepophobic? *Clin Med Insights Case Rep*. 2019 Apr 12;12:1179547619842183. doi: 10.1177/1179547619842183. eCollection 2019.
42. Gulla KM, Gupta D, Sachdev A. *Listeria meningitis in an immunocompetent child*. *Trop Doct*. 2019 May 13:49475519847331. doi: 10.1177/0049475519847331. [Epub ahead of print] *Indian Pediatr*. 2019 Jul 15;56(7):587-593.
43. Gulla KM, Gupta D, Sachdev A. *Listeria meningitis in an immunocompetent child*. *Trop Doct*. 2019 Jul;49(3):243-245. doi: 10.1177/0049475519847331. Epub 2019 May 13. PMID: 31084270.

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45. Rauf A, Gupta D, Sachdev A, Gupta N, Gupta S, Kumar P, Sabharwal R. Neurally Adjusted Ventilatory Assist: An Early Clue to Diagnosis of Congenital Central Hypoventilation Syndrome. Indian J Crit Care Med. 2019 Nov;23(11):536-537. doi: 10.5005/jp-journals10071-23286.
46. Rauf A, Gupta D, Sachdev A, Gupta N, Gupta S, Kumar P, Sabharwal R. Neurally Adjusted Ventilatory Assist: An Early Clue to Diagnosis of Congenital Central Hypoventilation Syndrome. Indian J Crit Care Med. 2019 Nov;23(11):536-537. doi: 10.5005/jp-journals-10071-23286. PMID: 31911748; PMCID: PMC6900881.
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48. Anil Sachdev1 , Neeraj Kumar Sagar2 , Dhiren Gupta2 , Neeraj Gupta2 , Suresh Gupta 2. Efficacy of Adjuvant Colistimethate Sodium Nebulization in Ventilator Associated Pneumonia in Pediatric Intensive Care Unit - A Randomized Controlled Study .Journal of Pediatric Critical Care . Year : 2019 | Volume : 6 | Issue : 3 | Page : 15 - 20 P - ISSN : 2349-6592 | E - ISSN : 2455-7099.
49. Anil Sachdev, Sameer Punia, Neeraj Gupta, Dhiren Gupta ,Suresh Gupta, Non-invasive Positive Pressure Ventilation Immediately after Extubation in Children - A Randomized Study. December 2019 DOI: 10.21304/2019.0606.00539.

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50. Pediatric intensive care management in coronavirus infection-19; JOURNAL OF PEDIATRIC CRITICAL CARE January 2020, DOI: 10.4103/1PCCJPcc 77 20.8.
51. Novel Coronavirus 2019 (2019-CoV) Infection: Part I - Respiratory Support in the Pediatric Intensive Care Unit in Resource-limited Settings; Indian Pediatrics 342 Volume 57_April 15, 2020
52. Novel Coronavirus 2019 (2019-nCoV) Infection: Part I - Preparedness and Management in the Pediatric Intensive Care Unit in Resource-limited Settings. Ravikumar N, Nallasamy K, Bansal A, Angurana SK, Basavaraja GV, Sundaram M, Lodha R, Gupta D, Jayashree M; Intensive Care Chapter of Indian Academy of Pediatrics.Indian Pediatr. 2020 Apr 15;57(4):324-334. doi: 10.1007/s13312-020-1785-y. Epub 2020 Mar 29.PMID: 32238612
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58. Management Principles of COVID-19 in Adolescents and Children - Indian Journal of Adolescent Medicine (Special Section); Indian J Adolescent Medicine, Volume 2- June 2020

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